

Professional Skin Waxing Salon
1628 Long Run Road, Schuylkill Haven, PA 17972
(570) 739-1434 www.Waxing1.com

Basic Brazilian Wax Maintenance

*There is not much you need to do to maintain your Brazilian wax.
A few maintenance items and some precautions is all that is necessary to enjoy a smooth bikini area.*

Be sure to exfoliate 2 times a week to minimize any ingrown hairs and keep the area fresh and smooth.

- **DO NOT** use any granular exfoliators. That will only irritate the area and cause discomfort.
- You can purchase our special Brazilian wax maintenance roll-on at our salon or mail order from our website.

Use only liquid soaps! Bar soaps can clog pores and may cause ingrown hairs!

NO NOT expose the area waxed to tanning (bed or sun) for at least 24 - 48 hours.

When you get waxed it exfoliates the area. This removes all the dead skin that provides a layer of protection from sunburn. You need to give your skin at least 24 hours (48 hours if possible) to regenerate its protection.

NO hot shower or bath for at least 6 - 12 hours.

Directly after waxing your hair follicle is left open. This makes it susceptible hot water entering the open hair follicle during a shower or bath. This will irritate the area and create discomfort. Once your follicles close you can return to your normal bathing routine. ***A warm shower is acceptable before 6 hours and should not irritate area at all.***

DO NOT touch the waxed area for at least 3 hours.

Directly after waxing your hair follicle is left open. This makes it susceptible to infection from touch. Fingernails are the biggest carrier of germs. If germs get into your open hair follicle it can cause irritation and in extreme cases cause infection. Give the hair follicle at least 3 hours to close.

DO NOT have intimate contact in the waxed area for at least 3 hours.

This can be a judgment call by you but the rubbing and perspiration can cause irritation. This will be more of a issue after your first Brazilian wax. If you get waxed on a regular bases irritation will be less likely. **Go have fun!**

NO heavy exercising/running for at least 12 - 24 hours.

Rubbing and perspiration can cause irritation. If you exercise, perspiration will enter the open hair follicle and irritate the area. Give it a day or so before resuming your exercise routine.

Frequently Asked Questions

How long will my Brazilian wax last?

Your Brazilian wax should last between 2 to 3 weeks before you see any hair growth. You will probably see hair growth a little sooner after your 1st Brazilian due to the hair growth cycles. After you get waxed a few times you will notice the hair takes longer to re-grow. This is due to the fact that you have hair growing in many different growth cycles before you get waxed. These cycles change when you get waxed and allow for longer time periods between waxing's.

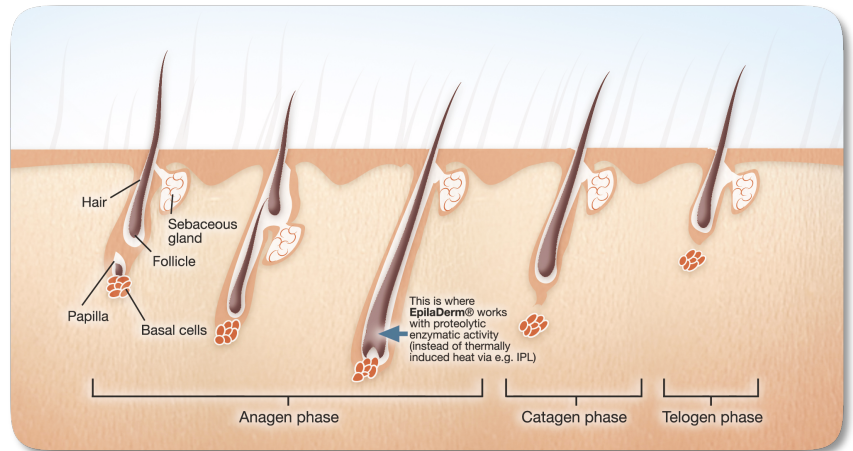
How long will it take for the redness to go away?

The redness after a Brazilian wax should go away in a few hours but may last up to a few days depending on how sensitive your skin is. This is all based on your skin type. Customers with sensitive skin will stay red longer then customers without sensitive skin. If the waxed area is irritated make sure you re-read and listen to the "DO NOT" section above.

(OVER)

I feel little tiny hairs after my waxing. What is that?

All the hair above the skin was removed and very little if any of that hair was broken during your waxing. The hair is also checked when removed to see if the root was removed as well. The first 2 illustrations show the hair in the ANAGEN (growth) phase. That is hair right below the skin getting ready to come up. If you feel any hair above the skin, this is what you are feeling. This new hair growth will be very fine and not stubbly at all. This was not able to be removed because it was NOT above the skin yet. This will minimize and be eliminated after additional waxes.



I have little white dots that look like whiteheads. What is that?

That is your body's defense mechanism reacting to the hair follicle being removed. This is a common occurrence and should subside in a day or so. This actually means your hair has been removed directly from the root and will not re-grow for a long time. Some people get these white dots but most don't. That should not happen on your 2nd waxing as your body adjusts to the waxing's.

Should I shave in between appointments?

NO. When you shave you cause the hair to grow thicker and can cause ingrown hairs. Waxing changes the structure of the hair and causes the hair to grow back softer and finer. Regular waxing and proper maintenance ensures soft skin, fine hair and less ingrown hairs.

When should I come back for my next appointment?

To properly maintain your Brazilian wax, appointments are recommended between 4 to 5 weeks.

If you are using the **permanent reduction system (EpilaDerm)** your appointments should be spaced 4 - 5 weeks apart for the first 3 to 4 waxings and then 5 weeks apart after that. This is so we can properly time the growth cycles. Results may vary.

Can I call for a last minute appointment?

Yes, but you may not get the day and time that is most convenient for you. If you book 1 to 2 weeks ahead of time you will be more likely to get the time and day you want. Remember, May through September are much busier!

Will my 2nd Brazilian last longer than my first one?

Yes, due to your hair growth cycles, your second and third Brazilian wax will last up to a week longer before any hair grows back. The more you get waxed the easier it gets and the longer it lasts. (up to a certain point of course) If you want the hair to stay away permanently, choose the EpilaDerm option.

If you have any questions, please feel free to call!

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